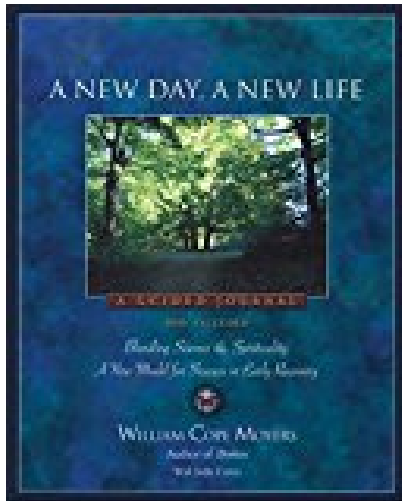# A New Day A New Life A Guided Journal with DVD

BOOK DETAILS

- Author : William Cope Moyers
- Pages : 432 Pages
- Publisher : Hazelden Publishing
- Language : English
- ISBN : 1592855512

BOOK SYNOPSIS

This revised and expanded edition of the most popular and effective book on intervention features enhanced tools and techniques to help loved ones face addiction. A standard-setting book on intervention, Love First has helped tens of thousands of families, friends, and professionals create a loving and effective plan for helping those who suffer from addiction. This revised and expanded edition adds to the core material in this classic book with the most up-to-date scientific information and new intervention techniques for alcohol and other drug addictions--and an array of disorders.

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